

# Healing Scriptures & Nuggets

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The Bible says that God's Word is His medicine. Before your arrival at Saturday Prayer, begin to take God's medicine by ***SPEAKING ALOUD AND MEDITATING ON HEALING SCRIPTURES***.

Here are a few to get you started.

**Proverbs 4:20-22 says, My son, attend to my words; incline thine ear unto my sayings. Let them not depart from thine eyes; keep them in the midst of thine heart. For they are life to those that find them, and health to all their flesh. (KJV)**

**The Hebrew word for “health” in verse 22 is “medicine.” God’s Word is medicine to all our flesh. Isaac Leeser’s translation of Exodus 15:26 reads, I the Lord am thy physician. The medicine He prescribes is His Word.**

Many make the mistake of substituting belief in healing for the actual taking of God’s medicine – His Word. They say, “I believe in healing” without actually taking the medicine. What good would it do for you to believe in food if you didn’t eat it? You would starve. What good would it do for you to believe in water if you didn’t actually drink any? You would die of thirst.

God’s Word is His medicine. There are several parallels between God’s medicine and natural medicine.

**First:** God’s Word is a healing agent, just as natural medicine is a healing agent or catalyst. In other words, the medicine itself contains the capacity to produce healing. Inherent within God’s Word is the capacity, the energy, the ability, and the nature to effect healing in your body.

**Psalm 107:20 – He sent his word, and healed them, and delivered them from their destructions. (KJV)**  
*(Fenton) - He sent out His word, and it healed, and from their corruptions it freed!*

**Proverbs 4:22 – For they (His Words) are life unto those that find them, and health to all their flesh. (KJV)**

**Isaiah 55:11 – The Word of God will accomplish what it was sent out to do.**

The Word itself contains the power to produce what it says. Just as when God said, “Let there be light” and there was light, healing Scriptures contain within them the capacity to produce healing.

**Hebrews 4:12 – For the word of God is quick and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit ... (KJV)**

**The key to partaking of the life and healing energy in the Word is feeding on it until it penetrates your spirit where it deposits that life and energy.**

**Second:** We might say that medicine is no respecter of persons. It will work for anyone who takes it. It is not a matter of if God is willing or not willing to heal any individual, but whether or not the individual will receive healing by taking the medicine that produces it.

**Third:** and most important: Medicine must be taken according to directions to be effective. Some medicine labels read, “Take internally”; others say, “Take externally.” To rub it on your body externally when the directions say to take it internally will not work. To take it after meals when the directions say take it before meals will reduce its effectiveness. To take it once in a while when the directions say three times a day will

mean limited results, if any. No matter how good the medicine is, it must be taken according to the directions or it won't work. So it is with God's medicine. It must be taken according to directions for it to work..

**The directions for taking God's medicine are found in [Proverbs 4:20-21](#) – Attend to them, incline your ear to them, don't let them depart from before your eyes, and keep them in the midst of your heart.**

We might say that attending to them, inclining your ear to them, and keeping them before your eyes causes the Word to get into the midst of your heart. Notice this: It is only as God's Words get in the midst of your heart and stay there that they produce healing in your body.

Head knowledge won't do. They are going to have to penetrate to your spirit through meditation – attending, hearing, looking, muttering, musing, pondering – to produce healing in your body. But once they do penetrate, they will surely bring health to all your flesh. ...

You can see again that God's way of healing is spiritual. Power is ministered first to your spirit, then distributed to your body. God's medicine must be taken internally.

Listen, instead of wondering whether you have enough faith to be healed, just take the medicine. This handout contains Healing Scriptures. Feed on them several times a day, repeating them over and over again to yourself. The medicine itself will work if you will get it inside of you.

**Fourth:** Remember that it takes time for medicine to work. Most people give natural medicine a lot of time, patience, and money to work. They take the prescription back for refills and more refills. They are diligent about it. They don't just take one dose and expect a miracle. Keep taking God's medicine. Give it time to work.

## Healing Scriptures & Confessions

**Exodus 15:26. . . If thou wilt diligently hearken to the voice of the Lord thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the Lord that heals thee.**

*(New English Bible)* . . . I the Lord am your healer.

*(Leeser)* . . . for I the Lord am thy physician.

*(Basic English)* . . . I am the Lord your life-giver.

*(Smith-Goodspeed)* . . . for I, the Lord, make you immune to them (diseases).

*(Knox)* . . . I, the Lord, will bring thee only health.

**Confession :** God is speaking to me now, saying, "I am the Lord that heals thee." He is watching over His Word to perform it. He is the Lord that heals me. He is healing me now. This Word contains the ability to produce what it says. His Word is full of healing power. I receive this Word now. Healing is God's nature. God is in me. My body is the temple of the Lord that heals me. God is bigger than sickness and Satan. God is dwelling inside of me, healing me now.

**Proverbs 17:22 - A merry heart doeth good like a medicine: but a broken spirit drieth the bones.**

*(Good News)* - Being cheerful keeps you healthy.

*(Smith-Goodspeed)* - A happy heart is a healing medicine.

*(Basic English)* - A glad heart makes a healthy body.

*(Moffatt)* - A glad heart helps and heals.

*(Jerusalem)* - A glad heart is excellent medicine, a spirit depressed wastes the bones away.

*(Knox)* - A cheerful heart makes a quick recovery.

**Confession:** Ha, ha, ha! I have a merry heart. Sickness can't dominate me. What do you think you're trying to do, devil? You can't put sickness on me. I have a merry heart and I'm full of joy! Ha, ha, ha, ha!

**Isaiah 53:4-5 Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.**

*(Leeser)* - But only our diseases did he bear himself, and our pains he carried. . . . Through his bruises was healing granted to us.

*(Basic English)* - But it was our pain he took, and our diseases were put on him: while to us he seemed as one diseased, on whom God's punishment had come.

**Confession:** Surely Jesus hath borne my sicknesses and diseases and carried my pains. He bore them and carried them away to a distance. I don't have to bear what He bore for me. I refuse to bear what He bore for me. Satan cannot put on me what Jesus bore for me. By His stripes I am healed and made whole.

**Matthew 8:16-17 When the even was come, they brought unto him many that were possessed with devils: and he cast out the spirits with his word, and healed all that were sick: That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare our sicknesses.**

*(Norlie)* . . . He took away our illnesses and lifted our diseases for us.

*(Amplified)* . . . He Himself took [in order to carry away] our weaknesses and infirmities and bore away our diseases.

*(New English Bible)* . . . He took away our illnesses and carried away our diseases.

**Confession:** Jesus Himself took my infirmities and bore my sicknesses. He carried away my sicknesses and diseases. He bore them away and removed them. Disease is not mine. Healing is mine. I refuse to bear what Jesus bore for me. Satan, you cannot put disease on me. I refuse to accept sickness. I will not tolerate sickness. Sickness and disease are totally unacceptable to me.

**1 Peter 2:24 Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.**

*(20th Century)* . . . his bruising was your healing.

**Confession:** By Jesus' stripes I was healed. Healing belongs to me. I was healed 2,000 years ago by the stripes Jesus bore. I'm not trying to get healed. I've got healing, because by His stripes I was healed.

**1 John 3:8 He that committeth sin is of the devil; for the devil sinneth from the beginning. For this purpose the Son of God was manifested, that he might destroy the works of the devil.**

*(Amplified)* The reason the Son of God was made manifest (visible) was to undo (destroy, loosen and dissolve) the works the devil [has done].

*(Basic English)*..and the Son of God was seen on earth so that he might put an end to the works of the Evil One.

*(Ward)* . . . that He might neutralize what the Devil has done.

*(Phillips)* Now the Son of God came to the earth with the express purpose of liquidating the devil's activities.

**Confession:** Sickness is a work of the devil. Jesus came to destroy the works of the devil. Sickness has been dissolved, broken up, annulled, undone, and liquidated as far as I am concerned. Jesus put sickness to an end for me.

**CONFESSION: I am abiding under the shadow of the Almighty. Jehovah-Rapha, the Lord that healeth me, is my refuge and fortress against disease. His Word is my shield and buckler against sickness. I'm trusting under His wings because Malachi 4:2 says there is healing in His wings. I'm not afraid of disease. I'm not afraid of sickness. I'm abiding under the shadow of Jehovah-Rapha, the Lord that healeth me. No plague shall come nigh my dwelling or my body. I resist sickness and disease. I refuse to accept it! It's not mine! I refuse to be sick in Jesus' Name. Sickness cannot trespass in my body. Sickness, (*name it*), you can't come nigh my dwelling. I refuse you! I resist you!**

**Psalm 103:2-3 – Bless the Lord, O my soul, and forget not all his benefits: Who forgiveth all thine iniquities; who healeth all thy diseases. (KJV)**

*(New English Bible)* - He pardons all my guilt and heals all my suffering.

*(Basic English)* – He takes away all your diseases

*(Young)*- Who is healing all thy disease.

**CONFESSION: Bless the Lord, Jehovah-Rapha, O my soul. Blessed be God the Father. Lord, I praise You. Lord, I thank You and praise You for Your benefits. (*A benefit is a condition of a contract, not a bonus thrown in extra at the discretion of the employer*) You forgive all my sins, all my faults, all my failures and disobedience. You heal all my diseases, and I thank You for it. Healing belongs to me as part of the New Covenant. Healing is my redemptive right. Thank You, Father, for healing all my diseases!**

**Psalm 107:20 – He sent his word, and healed them, and delivered them from their destructions. (KJV)**

*(Moffatt)* - He sent his word to heal them and preserve their life.

**CONFESSION: He sent His Word and healed me. His Word heals me and delivers me from my destructions. His Word frees me from my corruptions. God's Word says in Isaiah 55:10-11 that it contains God's ability to perform what it says. His Word is healing me now. His Word contains His healing power. His Word is working in me now. He has sent His Word and healed me.**

**Proverbs 12:18 – There is that speaketh like the piercings of a sword: but the tongue of the wise is health. (KJV)**

*(Moffatt)* - A reckless tongue wounds like a sword, but there is healing power in thoughtful words.

*(Good News)* - Thoughtless words can wound as deeply as any sword, but wisely spoken words can heal.

*(Basic English)* - There are some whose uncontrolled talk is like the wounds of a sword, but the tongue of the wise makes one well again.

**CONFESSION: My tongue makes me well. I have what I say. I say, The Lord is my Healer. I say, He takes sickness away from me. I say, No plague can come nigh my dwelling. I say, He healeth all my diseases. What I confess, I possess. My words make me well. There is healing power in my words, for they are God's Words. I speak health to every muscle, tissue, fiber, and cell in my body. I release God's healing power with my words into my whole body. Healing is mine!**